

## Supplementary Appendix 1

### SEARCH STRATEGY

#### **Medline via PUBMED interface:**

("Labo\*r"[All Fields] OR "childbirth\*" [All Fields] OR "parturition\*" [All Fields] OR "birth\*" [All Fields] OR "pregnan\*" [All Fields]) AND "peanut ball\*" [All Fields] AND 1985/01/01:2023/12/31 [Date - Publication]

#### **Web of Science**

(((((TS=(labo\*r\*)) OR TS=(birth\*)) OR TS=(childbirth\*)) OR TS=(delivery)) OR TS=(pregnan\*)) OR TS=(Parturition\*)) AND TS=("peanut ball\*") AND DOP=(1945/2024)

#### **Cochrane library**

Date Run: 11/10/2023 13:47:25

ID Search Hits

#1 (birth\*):ti,ab,kw OR (lab\*r):ti,ab,kw OR (deliver\*):ti,ab,kw OR (pregnan\*):ti,ab,kw OR (parturition\*):ti,ab,kw (Word variations have been searched)

#2 (peanut NEXT ball\*):ti,ab,kw (Word variations have been searched)

#3 #1 AND #2