## **Supplementary File 1: Pre psychometric testing version of the PIMMHS**

Professional Issues in Perinatal Mental Health		Strongly	Agree	Neither	Disagree	Strongly
		Agree		Agree nor Disagree		Disagree
Q1.	I know exactly who to contact if a woman is experiencing mental health problems					
Q2.	Sometimes I feel reluctant to discuss emotional problems that a women might be having as I feel uncomfortable discussing these with her		0			
Q3.	Training pays sufficient attention to the culture dimensions of pregnancy, birth and postnatal care					
Q4.	It is easy for me to obtain help for women with mental health problems	_		0	_	
Q5.	Sometimes I feel reluctant to discuss emotional problems that a woman might be having as I know I am not going to have enough time to deal with them					
Q6.	Sometimes I feel reluctant to discuss emotional problems that a woman might be having because I would not know what to do or who to ask for advice	_		0		
Q7.	There are some emotional issues that women should really not discuss with midwives, are too private and should be discussed with her partner					
Q8.	It is difficult to discuss mental health problems with women in the antenatal clinic				_	
Q9.	Antenatal clinics are not the best place to discuss a woman's mental health problems					
Q10.	Sometimes I feel reluctant to discuss emotional problems that a woman may be experiencing as I don't feel adequately trained to deal with these issues					

## **Supplementary File 2: Post psychometric testing version of the PIMMHS**

Professional Issues in Perinatal Mental Health		Strongly	Agree	Neither	Disagree	Strongly
		Agree		Agree nor Disagree		Disagree
	PIMMHS-Emotion					
Q1.	I know exactly who to contact if a woman is experiencing mental health problems					
Q2.	Sometimes I feel reluctant to discuss emotional problems that a women might be having as I feel uncomfortable discussing these with her	0		0		0
Q3.	Sometimes I feel reluctant to discuss emotional problems that a woman might be having as I know I am not going to have enough time to deal with them					
Q4.	Sometimes I feel reluctant to discuss emotional problems that a woman might be having because I would not know what to do or who to ask for advice			_		
	PIMMHS-Training					
Q5.	Sometimes I feel reluctant to discuss emotional problems that a woman may be experiencing as I don't feel adequately trained to deal with these issues					
Q6.	Training pays sufficient attention to the culture dimensions of pregnancy, birth and postnatal care	0			0	0
Q7.	It is easy for me to obtain help for women with mental health problems					