

## Appendix 1:

Search strategy from Pubmed, Embase, Cinahl and Scopus.

8. october 2019:

### Pubmed:

((((postnatal stay[tw]) OR (((("Length of Stay"[Mesh]) OR Length of Stay[tw]) OR Stay Length[tw]) OR (((((((("Patient Discharge"[Mesh] OR discharge\*[Text Word] OR "Ambulatory Care Facilities"[Mesh] OR ambulator\*[Text Word])) OR "Outpatients"[Mesh]) OR "Outpatient Clinics, Hospital"[Mesh]) OR "Ambulatory Care"[Mesh]) OR outpatient\*[tw]) OR outpatient\*[tw]))))))

AND

(((((first time[tw] AND (parent\*[tw] or dad[tw] or mom[tw] OR moms[tw] OR mum[tw] OR mums[tw] OR dads[tw] or father\*[tw] or mother\*[tw] or labour\*[tw] or labor\*[tw] or birth[tw]))) OR (primi par\*[Text Word] OR Primipa\*[tw] OR Primigravidit\*[Text Word])) OR (birth AND (first child\*[tw] or first baby[tw] or first babies[tw] or first infant\*[tw] or first neonate\*[tw] or first offspring\*[tw]))) OR (new parent\*[tw] or new mother\*[tw] or new father\*[tw])))

1194 references

### Cinahl:



#	Query	Limiters/Expanders	Last Run Via	Results
S20	S18 AND S19	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	529
S19	S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14 OR S15 OR S16 OR S17	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	237,384
S18	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	6,334
S17	Length* N3 stay*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search	51,369

			Database - CINAHL with Full Text	
S16	(MH "Length of Stay")	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	37,083
S15	postnatal stay	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	22
S14	out patient*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	2,759
S13	outpatient*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	86,943
S12	ambulator*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	45,012
S11	discharge*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	77,805
S10	(MH "Outpatients") OR (MH "Ambulatory Care")	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	52,733
S9	(MH "Ambulatory Care Facilities+")	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	14,058
S8	(MH "Patient Discharge+")	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	27,234
S7	new parent* or new mother* or new father*	Expanders - Apply equivalent subjects	Interface - EBSCOhost Research Databases	2,074

		Search modes - Boolean/Phrase	Search Screen - Advanced Search Database - CINAHL with Full Text	
S6	birth N3 (first child* or first baby or first babies or first infant* or first neonate* or first offspring*))	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	265
S5	Primigravidit*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	15
S4	primi par*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	6
S3	primipar*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	3,041
S2	(MH "Primiparas")	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	1,201
S1	first time N3 (parent* or dad or dads or mom or moms or mum or mums or father* or labour* or labor* or birth or mother*)	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	1,463

## Embase:

Database: Embase <1974 to 2019 October 07> Search Strategy:

- 
- 1 primipara/ (4160)
  - 2 (first time adj3 (parent\* or dad or dads or mom or moms or mum or mums or father\* or labour\* or labor\* or birth or mother\*)),ti,ab,kw. (2254)
  - 3 (primipar\* or primi par\* or primigravidit\*).ti,ab,kw. (12083)
  - 4 (birth adj3 (first child\* or first baby or first babies or first infant\* or first neonate\* or first offspring\*)),ti,ab,kw. (803)
  - 5 (new parent\* or new mother\* or new father\*).ti,ab,kw. (3223)
  - 6 1 or 2 or 3 or 4 or 5 (18669)
  - 7 hospital discharge/ (116558)

- 8 outpatient department/ (60352)
- 9 exp ambulatory care/ (46335)
- 10 exp outpatient care/ or exp outpatient/ (147839)
- 11 (discharge\* or ambulator\* or outpatient\* or out patient\*).ti,ab,kw. (745841)
- 12 postnatal stay.ti,ab,kw. (42)
- 13 "length of stay"/ (174483)
- 14 (length\* adj3 stay\*).ti,ab,kw. (134940)
- 15 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 (994385)
- 16 6 and 15 (1086)

### Scopus:

(( TITLE-ABS-KEY ( ("first time" W/3 ( parent\* OR dad OR dads OR mom OR moms OR mum OR mums OR father\* OR labour\* OR labor\* OR birth OR mother\* )))) OR ( TITLE-ABS-KEY ( ( primipar\* OR "primi par\*" OR primigravidit\* )) OR ( TITLE-ABS-KEY ( ( birth W/3 ( "first child\*" OR "first baby" OR "first babies" OR "first infant\*" OR "first neonate\*" OR "first offspring\*" )))) OR ( TITLE-ABS-KEY ( ("new parent\*" OR "new mother\*" OR "new father\*" )))) AND ( ( TITLE-ABS-KEY ( ( discharge\* OR ambulator\* OR outpatient\* OR "out patient\*" )) OR ( TITLE-ABS-KEY ( "postnatal stay" )) OR ( TITLE-ABS-KEY ( length\* W/3 stay\* ))))

941 references